## MY ACTION PLAN

Name: $\qquad$
$\qquad$

## PART I: <br> MY ACADEMIC STANDING

I AM ON (CHECK ALL THAT APPLY):

Academic Probation:


Progress Probation (P):


IN THE NEXT SEMESTER, I WILL NEED TO:

Earn an end of semester GPA of 2.0.Complete at least 75\% of attempted units.
CALCULATE THE NEEDED GPA TO EARN A CUMULATIVE 2.0 FOR THE CURRENT SEMESTER:

## COUNSELOR/ADVISOR:

|  |
| :--- |
| I AM A STUDENT IN THE |
| FOLLOWING PROGRAMS |
| (CHECK ALL THAT APPLY): |
| $\square$ EOPS |
| DSPS |
| FINANCIAL AID |
| $\square$ CALWORKS |
| $\square$ CARE |
| $\square$ VETERAN |

## PART I (CONTINUED): MY ACADEMIC STANDING

Identify the top 3 factors that contributed to your academic difficulty
I. $\qquad$
2. $\qquad$
3. $\qquad$

PART II: HOW I WILL GROW MY MINDSET

HOW DID YOUR MINDSET CONTRIBUTE TO YOUR ACADEMIC PERFORMANCE?
(Example: "I didn't like the way my teachers taught so I stopped attending class.")
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## LIST AT LEAST TWO WAYS YOU WILL GROW YOUR MINDSET.

(Example, "I will see a tutor when I find a difficult math problem")
I. $\qquad$
2. $\qquad$
$\qquad$
$\qquad$ Date: $\qquad$

## PART III: HOW I WILL BECOME GRITTIER

## IF...THEN...ANTICIPATING AND OVERCOMING OBSTACLES

Wise choices are usually made ahead of time and are well thought out. Use this time to review the factors that contributed to your academic difficulty listed in PART I and write how you intend to address them. Be very specific and include by when and where. Then predict the types of challenges that could happen in the next semester
(IF) and think about how you might respond constructively to these challenges (THEN).

I intend to...buy my textbooks no later than the first week of class. IF I can't afford to purchase my books at the start of the semester

THEN I will use the books on reserve in the Library.
I intend to....
IF
THEN

I intend to....
IF
THEN

I intend to....
IF
THEN

## PART IV: MY NEXT STEPS

Actively participate in the PVC Library/Learning Center opportunities each semester by logging onto www.paloverde.edu or stopping by its location in the CS Bldg.

Complete two (2) Progress Reports (download from paloverde.edu) and submit during:

Week 4 of each semester $\qquad$ (dates)
Week 10 of each semester $\qquad$ (dates)
$\square$ Check my personal email account on file with Palo Verde College for updates regarding courses and important dates.

## COURSES I PLAN TO TAKE NEXT SEMESTER:

I. $\qquad$
2. $\qquad$
3. $\qquad$
4. $\qquad$
Courses I need to repeat:
I. $\qquad$
2. $\qquad$
3. $\qquad$

If I find myself having difficulty, I will contact my counselor or a peer counselor regarding the obstacles to discuss a plan of action. Make an appointment with a counselor by stopping by the front desk in the John O. Crain College Services Building or by calling 760-921-5500.
$\qquad$ Student Initials $\qquad$ Counselor Initials

Revised 9/9/2020 ds

